



Shelby Youth Sports Collierville Youth Track & Field

2021

Shelby Youth Sports

- ▶ Shelby Youth Sports (SYS) has been around since 1967 providing safe affordable and quality community based youth sports programs.
- ▶ SYS encompasses 13 mid south areas in Football, Cheerleading and Track.
- ▶ Annual Coaches clinics
- ▶ Coaches undergo background check

Track Program

- ▶ Participants will be able to compete in a variety of events :
 - Individual races:
 - 50m, 100m, 200m, 300m, 400m, 800m, 1500m, 3000m, Hurdles
 - Relays
 - Field Events:
 - Long Jump, High Jump, Triple Jump, Shot, Mod Shot, Discus, Baseball Throw, Turbo Jav.
- ▶ Broken into age groups
 - 5, 6-7, 8-9, 10-11, 12-13, 14-15.
 - Based on child's age as of 9/30/2020.
 - Exception for 5 year olds. Can't be 6 at the time of the first meet
- ▶ All levels of experience are welcome

Practice

- ▶ Mondays and Thursdays 6:00pm–7:30pm at Track behind Collierville Elementary
- ▶ First Practice 2/22 Monday
- ▶ Parents and non-participants not allowed on track
- ▶ What to wear
 - Dress in layers
 - Shoes – any lightweight running shoe will do– We do allow spikes $\frac{1}{4}$ (except for 5yr). Talk with coach
- ▶ Bring water bottle
- ▶ Label Everything

Covid Protocol

- ▶ Participants must stay home if feeling ill.
- ▶ All participants and spectators should make every attempt to remain 6' apart.
- ▶ Athletes must wear masks upon arrival.
- ▶ Each participant will pass through a temperature check station at which time participants must honestly answer “no” to the following: have you recently experienced a cough, shortness of breath, fever, chill, headache, or sore throat, or been exposed to someone who has COVID-19?
- ▶ If temperature is over 100.3 or they answer yes to any of the questions, the participant must leave the area immediately.
- ▶ Parents cannot leave until their child passes the temperature check station.
- ▶ At coaches' discretion, athletes can remove their masks during workouts.
- ▶ Athletes must use hand sanitizer before and after touching shared equipment.
- ▶ There will be no sharing of water bottles.
- ▶ Coaches and spectators must wear masks properly at all times
- ▶ Athletes must wear masks upon departure.
- ▶ If an athlete tests positive for COVID-19, the team must be notified immediately.
- ▶ Participants who have been in close contact (within 6-feet for 10 minutes or longer) with a person who has COVID-19 must adhere to current county quarantine guidelines before returning to practices or meets.

Meets

- ▶ Saturdays 8:45 –.....
- ▶ 4 Intra Area Meets
 - Locations TBD (various tracks around Shelby County)
 - First Meet 3/20
- ▶ Prequalification Meet
 - No Relays or Field Events
 - Top 24 advance to Championship Meets
- ▶ Field Event Qualifier Meet
 - Top 8 advance to Grand Championship
- ▶ Championship Meets 1 & 2
 - Top 8 advance to Grand Championship
- ▶ Grand Championship
- ▶ Parents/Spectators not allowed on track/field

Banquet

- ▶ Year end celebration of accomplishments
- ▶ Due to County Restrictions may need to look at a drive through ceremony to hand out Medals and Trophies

Registration

- ▶ Online – colliervilledragonsyouthtrack.com
- ▶ \$160 includes Singlet and Shorts and Drawstring Bag
- ▶ Optional Apparel available to purchase
 - \$20 Hoodie, \$15 Sweats, \$10 Tee, \$30 Track Suit Jacket, \$25 Track Pants
- ▶ New Runners will need copy of birth certificate.
 - E-mail to syscolliervilledragonstrack@gmail.com
- ▶ Concussion form – no longer need to complete

Volunteers

- ▶ Coaches/Assistant Coaches
- ▶ Temperature Taker
- ▶ Track Meet Volunteers
 - Timers
 - Ribbon Writers
 - Gate Keepers
 - Field Event Helpers
 - “Wranglers”

Contact Us

www.colliervilledragonsyouthtrack.com

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 @colliervilledragonsyouthtrack

