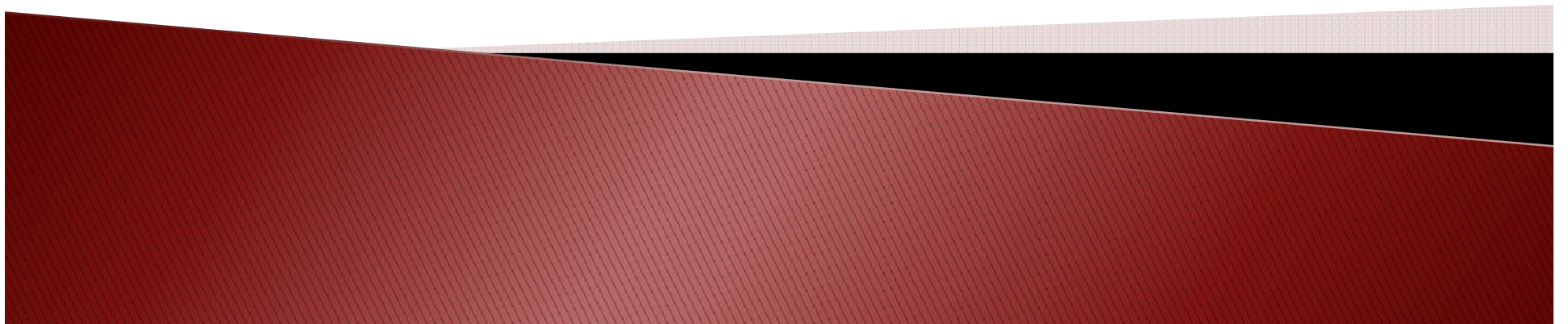




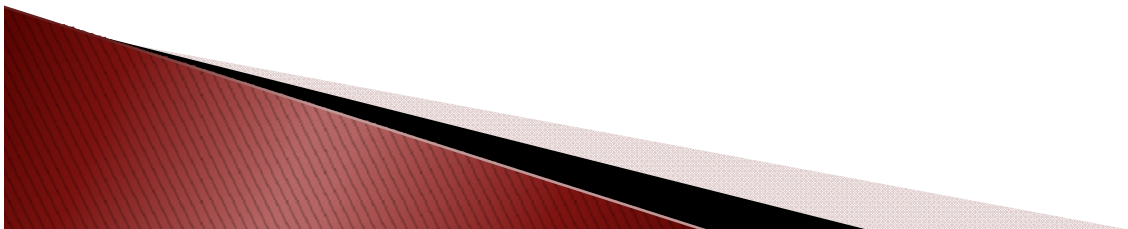
# Shelby Youth Sports Collierville Youth Track & Field

2024



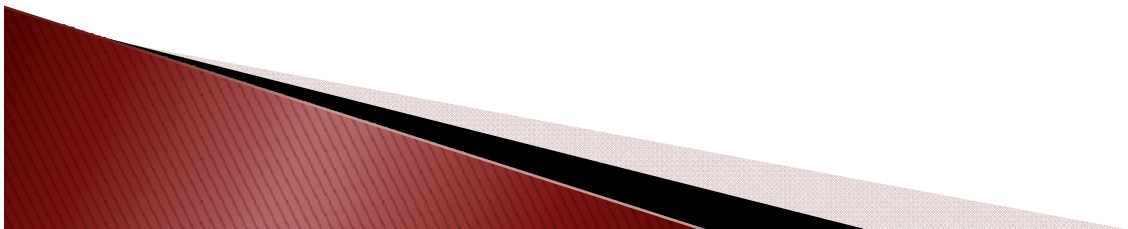
# Shelby Youth Sports

- ▶ Shelby Youth Sports (SYS) has been around since 1967 providing safe affordable and quality community based youth sports programs.
- ▶ SYS encompasses 22 mid south areas in Football, Cheerleading and Track.
- ▶ Coaches participate in Annual Coaches Clinics
- ▶ Coaches undergo background checks



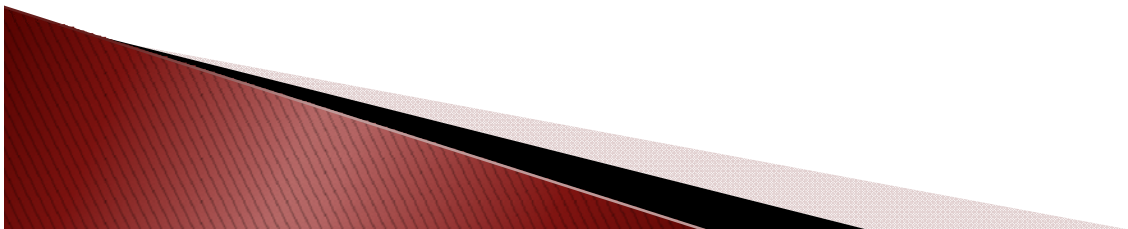
# Track Program

- ▶ Participants will be able to compete in a variety of events :
  - Individual races:
    - 50m, 100m, 200m, 300m, 400m, 800m, 1500m, 3000m, Hurdles
  - Relays
  - Field Events:
    - Long Jump, High Jump, Triple Jump, Shot, Mod Shot, Discus, Baseball Throw, Turbo Jav.
- ▶ Broken into age groups
  - 5, 6–7, 8–9, 10–11, 12–13, 14–15.
  - Based on child's age as of 9/30/2023.
  - Exception for 5 year olds – If you turn 6 during the season you will be in the 6–7 group
- ▶ All levels of experience are welcome



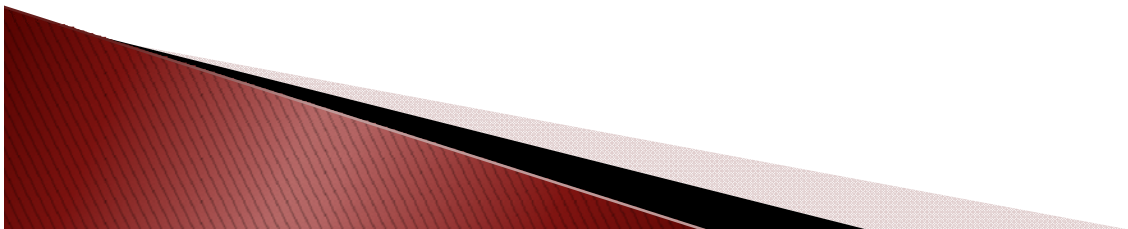
# Practice

- ▶ Mondays and Thursdays 6:00pm–7:30pm at Track behind Collierville Elementary
- ▶ First Practice 2/19 Monday
- ▶ Parents and non-participants not allowed on track
- ▶ What to wear
  - Dress in layers
  - Shoes – any lightweight running shoe will do– We do allow spikes  $\frac{1}{4}$  (except for 5yr). Talk with coach
- ▶ Bring water bottle
- ▶ Label Everything



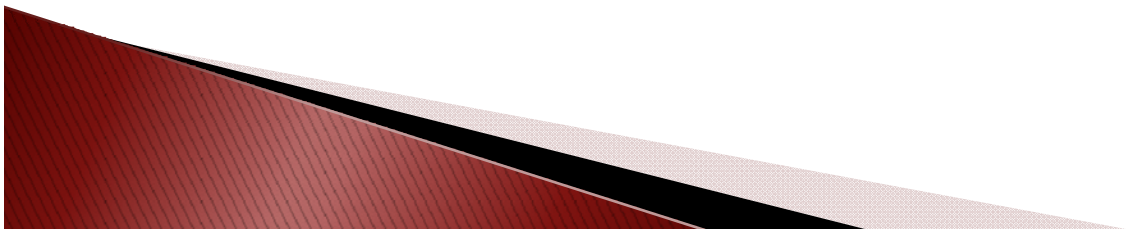
# Meets

- ▶ Saturdays 8:45 –.....
- ▶ 4 Intra Area Meets
  - Locations TBD (various tracks around Shelby County)
  - First Meet 3/23
- ▶ Prequalification Meet – 4/13
  - No Relays or Field Events
  - Top 24 advance to Championship Meets
- ▶ Field Event Qualifier Meet – 4/27
  - Top 8 advance to Grand Championship
- ▶ Championship Meets 1 & 2 – 5/4 and 5/11
  - Top 8 advance to Grand Championship
- ▶ Grand Championship – 5/18
- ▶ Parents/Spectators not allowed on track/field



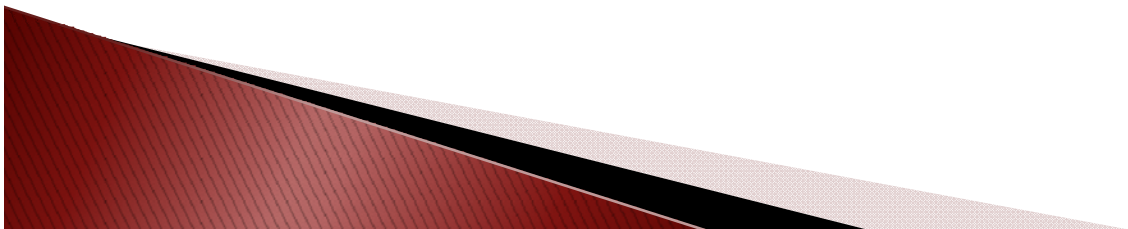
# Awards Ceremony

- ▶ Year end celebration of accomplishments to hand out Medals and Trophies
- ▶ Details TBD



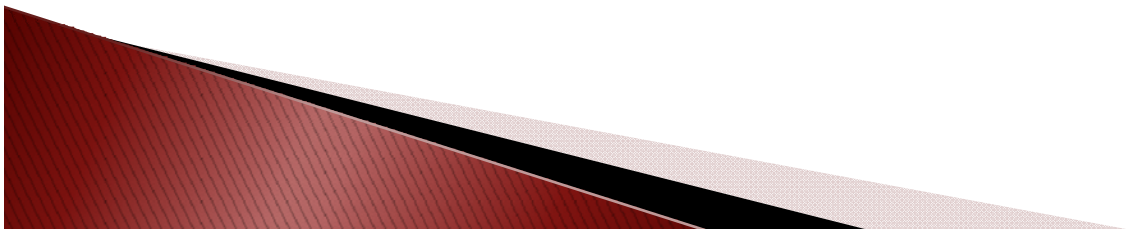
# Registration

- ▶ Online – [colliervilledragonsyouthtrack.com](http://colliervilledragonsyouthtrack.com)
- ▶ \$165 includes Singlet and Shorts and Drawstring Bag
- ▶ Optional Apparel available to purchase
  - \$20 Hoodie, \$15 Sweats, \$10 Tee, \$30 Track Suit Jacket, \$30 Track Pants
- ▶ New Runners will need copy of birth certificate.
  - E-mail to [syscolliervilledragonstrack@gmail.com](mailto:syscolliervilledragonstrack@gmail.com)
- ▶ Concussion form – completed online as part of registration process



# Volunteers

- ▶ Coaches/Assistant Coaches
  - If interested reach out to Coach Craig
- ▶ Track Meet Volunteers
  - Timers
  - Ribbon Writers
  - Gate Keepers
  - Field Event Helpers
  - “Wranglers”





# Contact Us

[www.colliervilledragonsyouthtrack.com](http://www.colliervilledragonsyouthtrack.com)

[syscolliervilledragonstrack@gmail.com](mailto:syscolliervilledragonstrack@gmail.com)

 @colliervilledragonsyouthtrack

